



FALL 2026 PROGRAMMING

Priority Registration for Members Opens: Monday, August 17
Community Registrations Opens: Monday, August 24

FALL I: September 7- October 25 | 7 weeks

FALL II: October 26 - December 20 | 8 weeks

CLOSED:

Monday, Sept 7 | Closed

Thursday, Nov 26 | Closed

Thursday, Dec 24 | Close at 12 noon

Friday, Dec 25 | Closed

Thursday, Dec 31 | Close at 12 noon

Friday, Jan 1 | Closed

24/7 access to the Wellness Center is available for approved users when the facility is closed.

No Place Like This Place™



Kids Need Less Screen Time & More Playtime!

CHECK OUT OUR NEW REC ROOM!

**NOW
OPEN!**

Donated by
Judy Pengra



Interactive LEGO® Building Wall – build, create, and imagine
Hands-On Sensory Wall – explore through fun and discovery
Games & Activity Area – play, laugh, and spend time together
Study & Homework Zone – a quiet place to focus and learn
Cozy Lounge Seating – relax, recharge, and connect with friends

***The Rec Room is for ages 10 years and up, unless accompanied by an adult.**

In addition, we have extended the hours for our staff-supervised
Child Watch area for children ages 9 and under. You can focus on
your workout while your child has a fun, safe place to play!

GenevaLakesYMCA.org/childcare



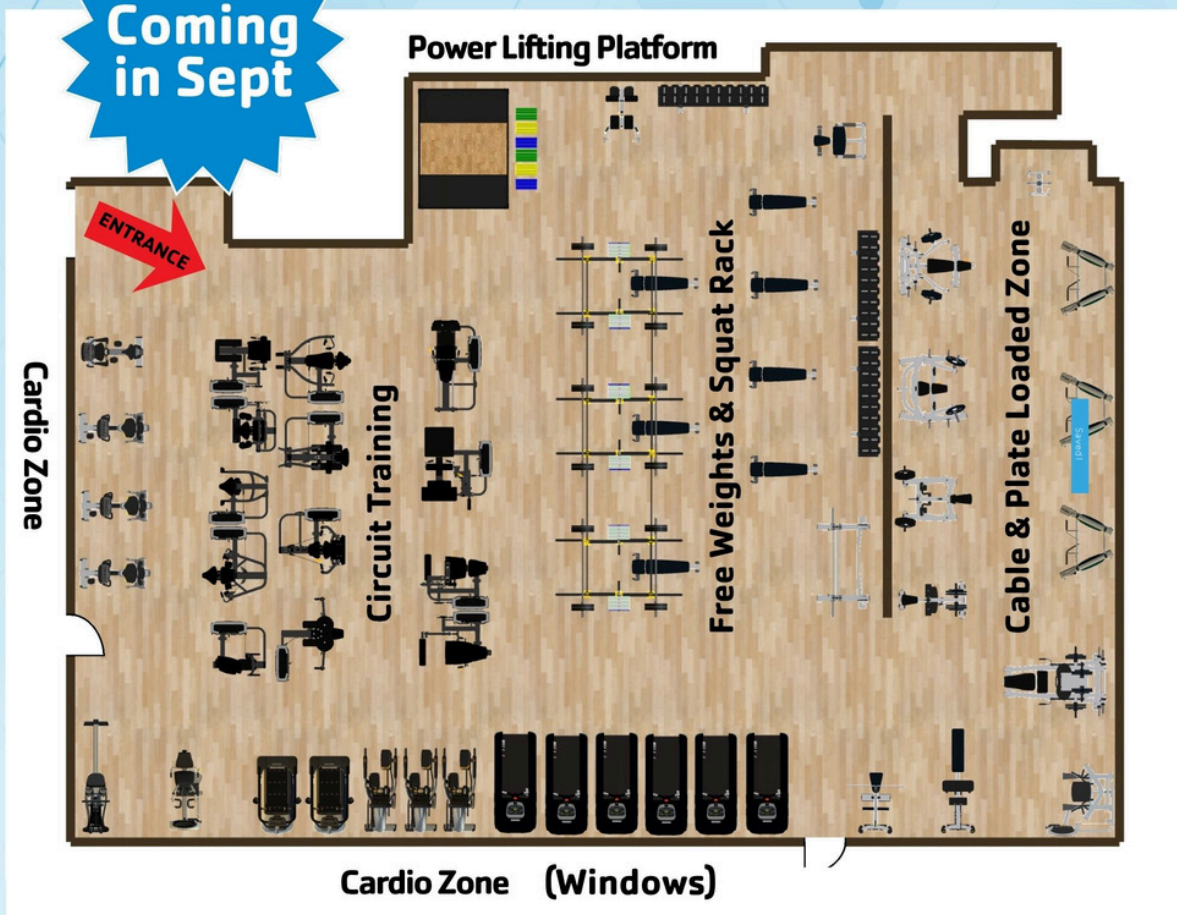
COMING SOON...

A REVITALIZED WELLNESS CENTER

EXPERIENCE



**Coming
in Sept**



RENOVATION HIGHLIGHTS

- Brand new Matrix fitness equipment
- Ab/Adductor and Hip Thruster being added
- Six squat racks being installed
- Fresh, modern look throughout the space
- New high-performance rubber flooring
- Fresh paint and updated finishes
- Improved workout flow and layout
- Better accessibility and comfort





A NEW SEASON A BETTER YOU. JOIN THE YMCA THIS FALL!



New season. New opportunities. A healthier, happier you starts here.

Join Now and Enjoy:

- No Joiner Fees – Get started without the extra cost
- No Contracts – Flexible membership that fits your life
- Expanded Child Watch Hours – More time for you, more fun for them
- Les Mills Classes Expanded – Now featuring Shapes and more
- NEW Rec Room – Family games, activities, and space to connect
- NEWLY renovated Wellness Center completed in September



Plus So Much More:

- Group fitness classes for all levels
- Youth programs & fall activities
- Pickleball, rock wall, and open gym
- A welcoming community for all ages

Join today and make
this your healthiest,
happiest fall yet!





FITNESS

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FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

YOUTH FITNESS



STRENGTH & CONDITIONING PROGRAM

Middle & high school students... are you looking to improve your strength, speed, and agility? Whether you are a beginner or advanced athlete, this is the place for you to build the fundamentals for a healthy and active lifestyle in a supportive environment. Flexible online registrations available for daily drop ins or unlimited monthly access at a discounted rate. Financial assistance is available for those who qualify!



SUMMER/FALL TRANSITION HOURS + RATES

FEES PER ONE-HOUR SESSION: \$15 MEMBERS | \$18 COMMUNITY

TUES | THURS BETWEEN 1-3 PM (DATES: AUG 18, 20)

MON | WED BETWEEN 3:30-5:30 PM (DATES: AUG 24, 26, 31, SEPT 2)



FEES PER ONE-HOUR SESSION: \$16 MEMBERS | \$19 COMMUNITY

TUES | THURS BETWEEN 3:30 - 5:30 PM (BEGINNING SEPT 8)

SEPTEMBER UNLIMITED:

MEMBERS \$109 | COMMUNITY MEMBERS \$159

REGISTRATION

Call: 262.248.6211 | Online: GenevaLakesYMCA.org

In Person: Front Desk | Mobile APP | Scan QR Code

QUESTIONS

Contact, Melissa Monge, Program Operations Director

262.248.6211 x17 | melissa.monge@glymca.org





FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

MAKE THE POOL YOUR GYM

Deep Water HIIT

Lap Pool | 9:15–10 am | Fridays

Deep water, high intensity interval training is a workout that will target your whole body. Get the benefits of powerful exercises with high energy without stressing your joints. Using belts and dumbbells you will gain strength and cardiovascular endurance, while gaining an all-over boost to your metabolism! Age 16+

Per Class Fee: Member: \$9 | Community: \$18

Minimum per class: 3 | Maximum per class: 12



Register

In Person: Front Desk | Online: GenevaLakesYMCA.org | Call: 262.248.6211 | Mobile APP

Questions

Melissa Monge, Program Operations Director | 262.248.6211 x 17 | melissa.monge@glymca.org



YOUR GOALS OUR GUIDANCE YMCA PERSONAL TRAINING

BENEFITS

- Decreased risk factors for hypertension and diabetes
- Improved mental outlook, more energy, and self-confidence
- Increased health awareness
- Reduced stress levels
- Increased strength for everyday living
- Reduced body fat and increased lean body mass



**FITNESS CRAFTED
JUST FOR YOU**

MUST BE A CURRENT YMCA MEMBER

GENEVA LAKES FAMILY YMCA | 203 S. Well Street | Lake Geneva, WI 53147

262.248.6211 | GenevaLakesYMCA.org/pt

The Geneva Lakes Family YMCA personal trainers are nationally certified professionals who work to empower their clients. Personal training provides assistance for everything from activities of daily living to becoming fit and active. Whether you are just getting started and need support, diagnosed with a health concern, an athlete, or just looking to make your health a priority, personal training at the Y is for you!

 1:1 Training	60 Minute	45 Minute	30 Minute
5 Sessions	\$289	\$263	\$215
10 Sessions	\$530	\$436	\$410
20 Sessions	\$945	\$819	\$772



 Partner Training (2 People) 60 Minute – Price per person	
5 Sessions	\$205
10 Sessions	\$378
20 Sessions	\$714



Train Your Way

Do you feel confident in the gym, but want a nationally certified trainer to create your program? This option is for you! Meet with your trainer to talk about your goals, and they will set you up with a program that will challenge you and work towards your health goals.

Initial Plan: \$131

Continued Plans: \$63

 Small Group Training (3-8 People) 60 Minute – Price per person	
5 Sessions	\$147
10 Sessions	\$263
20 Sessions	\$452



PAYMENT OPTIONS

1. Full payment.
2. Some insurance companies will cover personal training. Check with yours!
3. Payment plans are available to make training more budget-friendly.



Be stronger than your excuses!



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TRX SUSPENSION

SMALL GROUP TRAINING

This program delivers a fast, effective total-body workout while increasing muscular endurance, building lean muscle and helps with weight loss. This suspension training body weight exercise program, develops strength, balance, flexibility and core stability simultaneously. This training benefits all fitness levels. For ages 16+.

Meeting Dates & Times

Mondays

6:50-7:50 am | Members Only

5:15-6 pm | FREE class for Military/First Responders Only

Fitness Studio

Fridays

5:45-6:45 am | 7-8 am | Members Only

Fitness Studio

Fees

Small group personal training rates apply.

Register for two of these sessions and receive 10% off!

Registration

Call: 262.248.6211

Online: GenevaLakesYMCA.org

In Person: Front Desk | Mobile APP

Minimum per class: 3 | Maximum per class: 7

Questions

Contact, Melissa Monge

Program Operations Director | 262.248.6211 x17

melissa.monge@glymca.org





ROCK STEADY BOXING

Fight Back Against Parkinson's

We are learning every day that there are ways in which people with Parkinson's disease can enhance their daily quality of life and even build impressive power, strength, flexibility and speed! By exercising with coaches who know the ropes, participants can fight and start to feel and function better.

This program:

- is an innovative, fitness therapy program.
- moves body in all planes of motion while changing routine throughout workout.
- can lessen symptoms for anyone, at any level of Parkinson's.
- leads to healthier/happier life.

Program Sessions

Classes meet Mondays, Wednesdays, & Thursdays

10:30 am-12 noon

Participants are welcome to attend all classes.

Fees

Members: \$13/per class | Community: \$23/per class

Drop-In Fees

Members: \$15/per class | Community: \$25/per class

Thanks to grants received all participants currently receive 50% off above fees.

Questions & Registration

Contact, Melissa Monge, Program Operations Director

262.248.6211 x17 | melissa.monge@glymca.org

Please note that all new boxers starting the program will need to be scheduled for a 45 minute assessment prior to attending the first class.



United Way of
Walworth County



FREE SUPPORT GROUP!

Join us the 3rd Thursday of each month.

Caregivers | 10:30-11 am

Boxers & Caregivers | 12-12:45 pm





YOUTH, FAMILY, & SENIORS

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MESSY CREATIONS

Come create! Messy Creations is an art class for kids that just like to be creative and get messy. During this class we will be making different projects using all types of stuff while exploring the world of art. So, let's get a little messy!

Ages 1.5-5 (with parent)

Dates:

October 27 – December 15

Tuesdays | 9:15-10 am | Rec Room

Cost Per Session

Fall: \$72 M | \$144 C

Register

In Person: Front Desk

Online: GenevaLakesYMCA.org

Call 262.248.6211

Questions

Lisi Waylander | Sr. Youth & Family Director

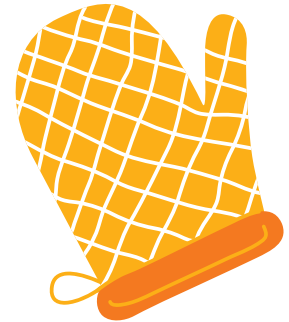
lisi.waylander@glymca.org | 262.248.6211 x50





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LITTLE CHEFS



Stir up some fun in the kitchen! In this hands-on cooking class, kids will learn basic kitchen skills, explore healthy ingredients, and create delicious recipes they can proudly share at home. From mixing and measuring to slicing soft foods and decorating treats, each session offers a new dish and a chance to build confidence in the kitchen.

We focus on safe, age-appropriate techniques while encouraging creativity, teamwork, and a love for cooking. Aprons on—it's time to cook up something fun!

Ages 4-10 | Saturdays | 10-10:45 am

Dates

Sept 19 | Oct 17 | Nov 14 | Dec 12

Cost

Members: \$17 per class

Community: \$34 per class

*Max. 10 per class

Register

In Person: Front Desk | Online: GenevaLakesYMCA.org | Call 262.248.6211

Questions

Visit the Front Desk or call:
262.248.6211



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KIDS...

LEAVE YOUR PARENTS AT HOME!



It's your time to shine, play, and have a blast—no grown-ups allowed!

Join us for a Kids Night Out at the Geneva Lakes Family YMCA, where fun takes the lead and parents take the night off. This action-packed evening is designed just for kids to enjoy a safe and exciting night filled with group games, crafts, snacks, and loads of laughter. So go ahead—leave your parents at home and join us for a night of fun you won't forget!

AGES 5-12 | FRIDAY, OCTOBER 16 | 5:30-7:30 PM

COST PER CHILD

MEMBER: \$22 | COMMUNITY: \$35

Register

In Person: Front Desk | Online: GenevaLakesYMCA.org | Call 262.248.6211

Questions

Lisi Waylander | Sr. Youth & Family Director

lisi.waylander@glymca.org | 262.248.6211 x50



FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

ROCKWALL OPEN CLIMB

Challenge yourself and get fit on our climbing wall that features auto-belay systems and four runs that vary in difficulty.

Youth and Adults are welcome to explore this climbing adventure!

OPEN CLIMB TIMES

Tuesdays | 6–7 pm | Sept 15, 22, 29 | Oct 6, 13, 20

Saturdays | 12:30–1:30 pm | Sept 15– Oct 24

Jaycee's Gym | 40lb min

**Free for Members
Day Pass for Community**

**Book the Rock Wall
for your next
Birthday Party!**





SOCIAL SENIORS



LET'S TRAVEL AROUND THE WORLD!

Embark on a global adventure without leaving your seat! This workshop is designed for travel enthusiasts, culture seekers, and aspiring explorers. Each workshop will take you to a new destination, offering insights into its history, traditions, cuisine, and hidden gems. Through expert talks you will gain practical travel tips, cultural appreciation, and inspiration for your next journey. Whether you are a seasoned traveler or dreaming of your first trip, this workshop will equip you with the knowledge and confidence to explore the world with curiosity and respect. **Are you ready to travel beyond borders?**

Wednesday, August 19 | 11 am-12 noon

More people than ever are discovering the freedom and confidence that come with traveling solo. Whether you've always wanted to cruise, explore Europe, visit a national park, or simply enjoy a peaceful getaway, solo travel offers the opportunity to experience the world on your own terms. Join travel advisor Christene Kamberis as she discusses safety, planning, budgeting, solo-friendly destinations, cruises and guided tours, and practical tips for making your first solo trip a success. You'll leave with ideas, inspiration, and the confidence to start planning your next adventure.

Members: Free | Community: Day Pass

Register

Scan the QR Code

Online: GenevaLakesYMCA.org/seniors

In Person: Front Desk

Call 262.248.6211

Questions

Please visit the Front Desk or
call 262.248.6211





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SOCIAL SENIORS

SCHEDULE OF EVENTS

● Presentations ● Engagement Escapes ● Craft & Create

September 2026

● **Tuesday, September 15 | 11 am – 12 noon**

Grandparenting 101: Creating A Legacy

Grandparents Day may be over (Sept 13), but the opportunity to make a lasting impact on your family is just beginning! Join us for an inspiring and encouraging conversation as we celebrate the incredible role grandparents play in shaping future generations.

Together, we'll explore what it means to be an intentional grandparent, strengthen the bonds we share with our children and grandchildren, and discover simple, meaningful ways to create a legacy rooted in love, faith, wisdom, and cherished memories. Whether you're a new grandparent or have years of experience, you'll leave with fresh ideas, renewed purpose, and practical encouragement to help your family thrive for generations to come.



● **Tuesday, September 22 | 11 am – 12 noon**

Paint by Number

Discover the joy of paint-by-number! This easy, guided craft is a fun and relaxing way to create your own masterpiece while socializing with friends. No artistic experience is needed!



Members: Free | Community: Day Pass

**Please register at the Front Desk, online or scan the QR Code
so we can plan for your arrival.**

GenevaLakesYMCA.org/seniors



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SOCIAL SENIORS

SCHEDULE OF EVENTS



● Presentations ● Engagement Escapes ● Craft & Create

October 2026

● **Tuesday, October 13 | 11 am – 12 noon**
Estate Planning, Trusts & More!

Discussion will include estate planning, wills, trusts, required minimum distributions, beneficiaries and asset movement. Presented by:

thrivent®

Joe Deciccio
Financial Advisor
Shoreline Group | 262-740-9040



● **Tuesday, October 27 | 11 am – 12 noon**
Halloween Bingo...Costumes Encouraged!

Calling all ghosts, goblins, and ghouls! Put on your favorite costume and join us for Halloween Bingo and plenty of laughs. Costumes are encouraged but not required. You are sure to have a frightfully good time!



Members: Free | Community: Day Pass

**Please register at the Front Desk, online or scan the QR Code
so we can plan for your arrival.**

GenevaLakesYMCA.org/seniors



CHILDCARE & SCHOOL-AGE PROGRAMS

No Place Like *This Place*[™]

PLAY EVERY DAY



We want your child's time in Child Watch to be a fun, enriching, experience that reflect the core values of the YMCA. We will give your child quality care while you participate in YMCA activities. We will provide a safe experience involving games, stories and free play; and provide a positive role model for your child, personifying the Y's core values of caring, honesty, respect and responsibility.

CHILD WATCH CENTER

TIME LIMIT

Maximum of 1.5 hours per day | Maximum one visit per day

AGES

4 weeks to 9 years

RATES:

Members: \$5/per hour per child

Member Unlimited Monthly Visits Option:

1 child: \$26/month | 2 children: \$41/month

3+ children: \$47/month

Community: \$10/per hour per child

CHILD WATCH HOURS

Monday-Friday | 7:45 am – 12 noon

Monday-Thursday | 4:30-7:30 pm

Saturday | 9:00 am – 12 noon

QUALIFIED STAFF

Our caring and professional Child Watch staff members are certified in CPR and First Aid to ensure the safety of your child during their visit. Our staff also work hard to develop a variety of age-appropriate activities to keep your child active and engaged while in Child Watch.

"The Child Watch area is a wonderful place that I can fully trust." -Y Member

"This is a wonderful service that allows me to workout, while my child enjoys playing with other kids." -Y Member



WELCOME

OUR POLICIES

YOUR CHILD'S TIME IN OUR CHILD WATCH CENTER DROP-IN NURSERY WILL BE A FUN, ENRICHING EXPERIENCE WITH ACTIVITIES, GAMES AND CRAFTS THAT REFLECT THE CORE VALUES OF THE YMCA.

Check-In

All children must have a parent/guardian (18+) signed enrollment form on file at the YMCA Child Watch Center. For your child's safety, a parent/guardian is required to check their child in and out of the Child Watch Center. The parent/guardian who checks the child in must also check the child out, unless prior arrangements have been made with Child Watch Center Staff. No one under the age of 18 is allowed to check children in and out of the Child Watch Center.

Checklist: Before you drop off

- My child is wearing socks and is dressed for play, crafts, etc.
- My child is in a clean diaper or has used the restroom
- My child is well fed/nursed
- All personal items are labeled with my child's name
- I have brought all items needed to care for my child (prepared bottles/snacks)

Time Limits

We recommend you limit your child's Child Watch Center visit to the suggested age-appropriate lengths.

4 weeks–9 months | 30 minutes

9 months–2 years | 1 hour

3–9 years | 1.5 hours

One visit per day is allowed.

Clothing

For your child's safety shoes and socks are to be worn at all times. Winter items and shoes may be stored outside the Child Watch Center in a designated area.

Crying

For the comfort of all Child Watch Center participants, we will find a parent/guardian if attempts to calm a crying child are unsuccessful for 10–15 minutes. Once notified, the parent/guardian must check the child out of Child Watch at that time.

Food & Drink

If you provide food and drink for your child, please bring only water or juice (milk allowed ONLY for infants) and healthy dry snacks. Drinks must be in spill-proof cups. **No candy, gum, raisins, peanut products or meals are allowed.**

Leaving the YMCA

The Child Watch Center is not a licensed child care facility; therefore, a parent/guardian MUST remain inside the YMCA facility during the child's stay. Failure to comply will result in revocation of Child Watch services.

Illness

Children showing signs of illness will not be allowed in the Child Watch Center. A child must be symptom-free for 24 hours in order to return. If your child was diagnosed with a communicable illness or head lice and was recently under our care, please notify the Child Watch Center staff immediately so appropriate action can be taken.

Diapers

Please ensure that all children arrive in dry, clean diapers. Staff does not change diapers. We will contact you if we require your assistance in changing your child.

Lost & Found

The YMCA is NOT responsible for items left behind. Items will be placed in our Lost and Found for one week.

Toy Policy

We have many toys, books, and crafts to discover and explore in Child Watch. Please leave personal toys at home; they could get lost or broken and often cause conflict. If the toy is a needed comfort item, please label it and take special care to remember it when you leave.

Medical Incident Procedures

In the event of an accident, injury or medical incident requiring more than basic First Aid, a child's parent/guardian will be located immediately and a Child Watch staff member will call 911 as deemed necessary.

Allergies

Please remind us of any allergies your child might have upon each visit.

Discipline & Behavior Issues

Our goal is to develop self-discipline and respect for others. When necessary, the following age-appropriate discipline will be used: We will use logical consequences and redirect children displaying inappropriate behavior. In some cases, supervised removal (time out) may be used. If a child is having excessive problems (i.e. biting, hitting, etc.) the parent/guardian will be located and the child will be removed from Child Watch. If behavioral issues continue, a child will be asked not to return for a period of time determined by the Child Watch Coordinator.

Evacuation Procedures

In the event of a fire or other evacuation situation, the Child Watch staff will escort all children out the emergency exit to the designated safe area (see Child Watch desk for details). Parents and guardians will be allowed to check out their child once the situation is safe and all children are secured.

Tornado Procedures

In the event of a tornado, Child Watch staff will escort children to the assigned Safe Zone (see Child Watch desk for details). Parents and guardians will be allowed to check out their child once all children are safe.



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2026-27 EARLY EXPLORERS PRESCHOOL | Central-Denison

Early Explorers Preschool is designed for pre-school aged children (3+ that are fully potty trained-no exceptions) in order to gain independence and work on age-appropriate social, emotional and academic skills. We will be using the world around us to learn, explore, and grow through play. The program follows an active and playful approach and is taught in a multi-aged setting where kids learn how to help themselves and others during independent play, teacher-led instruction and outdoor discovery. The YMCA is offering three flexible morning options for learning and care:



Morning Preschool:
Students attend preschool class only from 8:30-11:15 am for 2, 3, or 5 days per week.

The below fees are MONTHLY. A \$50 non-refundable registration fee will apply per child, plus supply list found online.

2 days (T & Th) \$196/monthly	3 days (M,W,F) \$281/monthly	5 days (M-F) \$394/monthly
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Need Financial Assistance? Learn More: GenevaLakesYMCA.org/fa	Preschool Information Visit: GenevaLakesYMCA.org/preschool
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Geneva Lakes Family YMCA presents

GENEVA JUMPSTART PLAY SCHOOL

NEW! AFTERNOON PRESCHOOL OFFERING

Starting in September, the YMCA will be offering an afternoon 3K Preschool Program that provides a safe, nurturing, and engaging environment where children learn through play, exploration, and meaningful relationships. Through hands-on experiences, children develop socially, emotionally, physically, cognitively, and creatively, while building confidence and independence.

Program Goals



Social-Emotional Development

Children will foster positive relationships with peers and adults alongside helping children identify, express and regulate their emotions. Our classroom will encourage cooperation, empathy, kindness, and respect for others and the world around them.



Learning Through Play

Children will be provided with open-ended play experiences that encourage curiosity, creativity, and problem-solving. This encourages imagination through dramatic play, building, sensory exploration, art, and outdoor activities.



Physical Development and Healthy Living

We will promote healthy habits, movement, and wellness through supporting gross (active indoor and outdoor play) and fine (art, manipulatives, sensory activities, self-help tasks and motor development).

Date & Time:

September 8, 2026–May 21, 2027
Monday–Thursday | 1–3:30 PM

Location:

Our new program is located in our Play-based Learning Center at the YMCA.

Age Requirements:

Child must be 3 years old by September 1, 2026, and fully potty trained.
Max: 10 children

Pricing:

4 day a week program | \$345 per month

The fees included are MONTHLY.
A full payment schedule will be provided.

A \$50 non-refundable registration fee will apply per child, plus a supply list found online.

Financial assistance available for those who qualify.

Important Note:

Parents/guardians are responsible for providing transportation for both drop-off and pick-up. This program does not include extended care before or after the scheduled program hours.

Questions

Hope Feldman, School Age Child Care & Preschool Director

hope.feldman@glymca.org

262.248.6211 x26

Registration

Scan QR Code

Call: 262.248.6211

Online:

GenevaLakesYMCA.org/jumpstart



FREE Youth Membership to those in the program. Discounted family membership upgrades available.



2026-27 YMCA SCHOOL AGE CHILD CARE SITE LOCATIONS, PROGRAMMING & FEES GRADES PRESCHOOL-5th



CENTRAL-DENISON ELEMENTARY

900 Wisconsin Street, Lake Geneva, WI 53147

Ages Served: Preschool – 5th Grade | Including 4th & 5th Grade Eastview Students

4th and 5th grade busing available from Eastview to Central Denison Schools

Programming Available: Y BASE & Early Explorers Preschool



STAR CENTER ELEMENTARY

W1380 Lake Geneva Highway, Lake Geneva, WI 53147

Ages Served: Preschool – 5th Grade

Programming Available: Y BASE



GENEVA LAKES FAMILY YMCA

203 S. Wells Street, Lake Geneva, WI 53147

Ages Served: 4-12 years old

Provides care when Lake Geneva has no school. Other districts welcome to participate if they have no school on identified dates.

Programming Available: School Day Out

Ages Served: Child must be 3 years old by September 1

Provides afternoon 3K preschool program.

Programming Available: Geneva Jumpstart Play School

Y BASE | Before & After School Care

Y BASE

**Offered at
Central-Denison
& Star Center**

Monday-Friday

**The below fees are BI-WEEKLY. A full payment schedule will be provided.
A \$25 non-refundable registration fee will apply per child.**

	2 days	3 days	4 days	5 days
AM Care				
6:30 am – School Start	\$59 bi-weekly	\$87 bi-weekly	\$112 bi-weekly	\$146 bi-weekly
PM Care				
School End – 6 pm	\$59 bi-weekly	\$87 bi-weekly	\$112 bi-weekly	\$146 bi-weekly

Need Financial Assistance?
Learn More: [GenevaLakesYMCA.org/fa](https://www.GenevaLakesYMCA.org/fa)

Y BASE Information
Visit: [GenevaLakesYMCA.org/ybase](https://www.GenevaLakesYMCA.org/ybase)



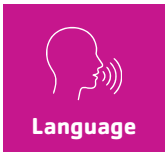
Space is
Limited!

MONTESSORI SCHOOL

Lake Geneva Montessori School accommodates children from 2-5 years old. We use a variety of materials specifically designed for the Montessori classroom. These materials will be used to expand and assist them in developing their skills in practical life, language, culture, science, mathematics, art, sensorial and group interactions in the following ways:



Practical Life



Language



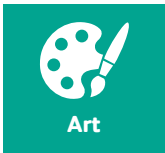
Cultural



Science



Math



Art



Sensorial



Group Time

School Year

September 1, 2026, through June 2, 2027

Hours of Operation

7:15 am - 4:15 pm

Questions?

Nicole Zinkowich
Montessori Preschool Director
nicole.zinkowich@glymca.org
262.248.6211 x70



Learn more about programs, fees, & registration!





School Day Out

2026-2027 | Ages 4-12 | 7am-6pm

When school is out come and hangout at the Geneva Lakes Family YMCA! Join us for games, sports, swimming, arts and crafts, and so much more. Please bring a water bottle, a cold lunch, swimsuit and towel.

*A minimum of 10 participants per schedule date is required in order for the program to run. Please drop off your child by 9am. All children must be fully potty trained.

Available Dates

Fall:

Sept 28, Oct 29-30, Nov 25

Winter:

Dec 23, 28-30, Jan 15, Feb 25-26

Spring:

March 22-26, 29, April 26, May 14

Sample Schedule

7-9 am	Choice Activities
9-9:30am	Snack Break
9:30-11:30am	Arts & Craft
11:30am-12 noon	Lunch
12 noon-2pm	Swimming
2-3pm	Gym Time
3-3:30pm	Snack Break
3:30-4:30pm	Group Activity
4:30-6pm	Departure & Choice

Fees

Member: \$44 | Community: \$55

Payments are taken one week prior to the program date

Registration

Registrations must be received no later than a week prior to the program date. To register visit: GenevaLakesYMCA.org/sdo

Questions & Additional Information

Emma Watters, Camp Director | emma.watters@glymca.org
Geneva Lakes Family YMCA | 262.248.6211 X 13

The
YMCA
was here





AQUATICS

No Place Like *This Place*[™]



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FOR SOCIAL RESPONSIBILITY

FALL I SWIM LESSONS

Fall I: Sept 8–Oct 25

No lessons 9/7

Monday Class | 6 weeks | Member: \$54 | Community: \$108

Tuesday, Wednesday, Thursday, Saturday Class | 7 weeks | Member: \$63 Community: \$126

	Mon	Tue	Wed	Thur	Sat
Parent & Child					
6-18 months	9-9:30am			5:00-5:30pm	9:40-10:10am
19-36 months				5:35-6:05pm	10:10-10:45am
Homeschool					
Level 1-2			9:15-10:00am		
Level 3-5			10:05-10:50am		
Preschool: 2 1/2 years+					
Combo class (Level 1-3)			8:40-9:10am		
Level 1:	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm	8:30-9:00am
Level 2:	5:35-6:05pm	5:35-6:05pm	5:35-6:05pm	5:35-6:05pm	9:05-9:35am
Level 3:	6:10-6:40pm	6:10-6:40pm	6:10-6:40pm	6:10-6:40pm	9:40-10:10am
Level 2: Additional Class	6:45-7:15pm	6:45-7:15pm			10:15-10:45am
Youth: 5 years+					
Level 1:		5:35-6:05pm			
Level 2: Beginner	6:45-7:15pm	6:10-6:40pm	6:10-6:40pm		8:30-9:00am
Level 2: Advanced		6:45-7:15pm	6:45-7:15pm		9:05-9:35am
Level 3: Beginner	5:00-5:30pm				
Level 3: Beginner	5:35-6:05pm	5:00-5:30pm	5:35-6:05pm		9:40-10:10am
Level 3: Advanced	6:10-6:40pm		5:00-5:30pm		9:40-10:10am
Level 4/5: LAP	6:45-7:15pm				10:15-10:45am
Adult Swim Lessons					
Beginner			6:45-7:15pm		
Swim To Work					

Questions?

Email: aquatic.coordinator@glymca.org

Visit: GenevaLakesYMCA.org/swimlessons



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL II SWIM LESSONS

Fall II: Oct 26–Dec 20

No lessons 10/31, 11/26, 11/28

Monday, Tuesday, Wednesday Class | 8 weeks | Member: \$72 | Community: \$144

Thursday Class | 7 weeks | Member: \$63 Community: \$126

Saturday Class | 6 weeks | Member: \$54 Community: \$108

	Mon	Tue	Wed	Thur	Sat
Parent & Child					
6-18 months	9-9:30am			5:00-5:30pm	9:40-10:10am
19-36 months				5:35-6:05pm	10:10-10:45am
Homeschool					
Level 1-2			9:15-10:00am		
Level 3-5			10:05-10:50am		
Preschool: 2 1/2 years+					
Combo class (Level 1-3)			8:40-9:10am		
Level 1:	5:00-5:30pm	5:00-5:30pm	5:00-5:30pm		8:30-9:00am
Level 2:	5:35-6:05pm	5:35-6:05pm	5:35-6:05pm		9:05-9:35am
Level 3:	6:10-6:40pm	6:10-6:40pm	6:10-6:40pm		9:40-10:10am
Level 2: Additional Class	6:45-7:15pm	6:45-7:15pm			10:15-10:45am
Youth: 5 years+					
Level 1:		5:35-6:05pm			
Level 2: Beginner	6:45-7:15pm	6:10-6:40pm	6:10-6:40pm		8:30-9:00am
Level 2: Advanced		6:45-7:15pm	6:45-7:15pm		9:05-9:35am
Level 3: Beginner	5:00-5:30pm				
Level 3: Beginner	5:35-6:05pm	5:00-5:30pm	5:35-6:05pm		9:40-10:10am
Level 3: Advanced	6:10-6:40pm		5:00-5:30pm		9:40-10:10am
Level 4/5: LAP	6:45-7:15pm				10:15-10:45am
Adult Swim Lessons					
Beginner			6:45-7:15pm		
Swim To Work					

Questions?

Email: aquatic.coordinator@glymca.org

Visit: GenevaLakesYMCA.org/swimlessons



FOR YOUTH DEVELOPMENT®
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WIGGLES & WAVES

Come move, play, and splash with us! Wiggles and Waves is the perfect program for moms, dads, grandparents, and caregivers looking to connect with other families while their little ones burn off energy and make new friends.

Each session begins with an hour of open play in the gym, where kids can run, jump, and of course—wiggle! After that, we'll head to the activity pool for open swim, where the fun continues with water play, laughter, and waves of joy.

Whether you're looking to build community or just need a morning of active fun, Wiggles and Waves is a great way to bond, play, and splash your way through the day!

Ages

Kids of all ages, when accompanied by an adult.

Dates & Times

Fridays | 9–11 am | Jaycees Gym/Activity Pool

Oct 2, 16 | Nov 6, 20 | Dec 4, 18

Fee

Member: Free | Community: \$10 per child
(pay as you come)

Adults: Free

Register

At the Front Desk | Online: [GenevaLakesYMCA.org](https://www.genevalakesymca.org)

Call: 262.248.6211 | Mobile APP

Questions

Gertrude Suhajda, Aquatics Director

gertrude.suhajda@glymca.org | 262.248.6211 x22





FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

SWIM TO WORK PROGRAM

The Geneva Lakes Family YMCA offers a Swim to Work Program! This is a readiness and training program that aims to take high school students and retired-age adults through the process of becoming certified lifeguards. Participants do not have to know how to swim before beginning, but must not be afraid to go underwater.

This Swim to Work program is FREE!*

*Participants will sign a contract stating they will complete the necessary programs to become lifeguard certified and work as a YMCA lifeguard covering at least two shifts/days per week for a minimum of six months.

How does this program work?

The Swim to Work program meets individuals where they are in their swim ability and then focuses on the necessary techniques and skills to ultimately help them pass the lifeguard certification course. Participants can join starting October 1, 2026. The length of time to complete this program will vary by individual's swim ability, how comfortable they are in the water and the time it takes to complete the specialized Lifeguard Certification Training program. This program will meet once a week on Wednesdays.

Join anytime!

Swim to Work Program Meets: Wednesdays | 6:45–7:30 pm



Learn More & Join:

Gertrude Suhajda, Aquatics Director | gertrude.suhajda@glymca.org | 262.248.6211 x22



FOR YOUTH DEVELOPMENT®
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ADULT & PEDIATRIC

CPR/FIRST AID/AED BLENDED LEARNING COURSE & RECERTIFICATION COURSE

2026 Course Dates for Blended Learning & Recertification Courses

(select one from list below)

attendance for entire time is required

Saturday, October 17 | 9-12 pm

Sunday, November 15 | 10-1 pm

Sunday, December 13 | 11-2 pm

Fee for Blended Learning and Recertification

Member \$70 | Community \$89

For Ages 15+

Registration

Register at the Front Desk | Online at
GenevaLakesYMCA.org | Call 262.248.6211.

*A minimum of three participants must be registered
for course to run.

Learn to recognize and care for a variety of first aid emergency situations and how to respond to breathing and cardiac issues to help victims of any age. Both Blended Learning & Recertification Course classes contain the same six hours of training, which entails three hours of online and three hours of in class instruction. At the end of the online portion, you must print the certification to show you passed and bring it to class to complete the requirements. Certificate valid for 2 years.



Contact Information

Gertrude Suhajda, Aquatics Director

gertrude.suhajda@glymca.org | 262.248.6211 x22



FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

WORKPLACE CPR TRAINING

Do you have a group that needs Adult & Pediatric CPR/First Aid and AED training? We will come to you! We are excited to offer you an American Red Cross CPR Blended Learning training session, which combines online learning with an in-person skills session (3 hours in person and 3 hours online). Whether you are a business, church or school district, we want to help get your staff trained to respond to medical emergencies! Don't have a large enough space to spread out for training? Come to us!

TRAINING OPTIONS

STARTING OCTOBER 1ST

Blended Learning (BL) = 3 hours online | 3 hours in-person

Online training portion will be sent to each participant prior to the in-person class. Participants must fully complete online portion and attend the entire in person training, led by a certified instructor. Includes skills session, activities and practice scenarios. Participants must demonstrate competency and pass a final written exam that is taken online with a minimum grade of 80%.

Full Course, in-Person (FULL) = 5 hours in-person (add'l, cost of \$130)

All information will be presented in-person by a certified instructor and will have multiple written quizzes to ensure that all participants have retained the information presented. Participants must attend the entire in person training, led by a certified instructor. Includes skills session, activities and practice scenarios. Participants must demonstrate competency and pass a final written exam with a minimum grade of 80%.

CHOOSE ONE:

- ☐ BL-Adult & Pediatric First Aid/CPR/AED Training | individuals
- ☐ FULL Adult & Pediatric First Aid/CPR/AED Training | individuals
- ☐ BL-CPR/AED for Professional Rescuers | No First Aid | Teams of 2-4 EMT, Nurses, Fire, Police
- ☐ FULL CPR/AED for Professional Rescuers | No First Aid | Teams of 2-4 EMT, Nurses, Fire, Police

Upon successful completion of the course, each participant will receive an American Red Cross certification via email, which is valid for 2 years.

Fees

\$75 per person for the first 5 participants | \$65 per person for each additional participant

Minimum of 5 participants | Maximum of 12

Questions

Gertrude Suhajda, Aquatics Director
gertrude.suhajda@glymca.org | 262.248.6211 x22





FOR YOUTH DEVELOPMENT®
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LIFEGUARD CERTIFICATION

BECOME LIFEGUARD CERTIFIED

For ages 15+, this course is designed to certify you as a Red Cross Lifeguard in: CPR, First Aid and AED administration. Course includes an in-class pre-test (see below), lecture with video and practical skills both in water and on land.

Blended Learning requires you to complete the online portion, which is about eight hours BEFORE attending the first class. The in-person portion is 21 ½ hours. You will be required to print the certification at the end of the online portion to show you passed and bring that to class.

In Class Pre-test Content

Swim 150 yards, tread water for two minutes with hands in armpits and then swim 50 yards. There will also be a timed brick test.

Blended Learning Fees: \$273 Members | \$326 Community

Blended Learning Meeting Dates & Times:

Upcoming Sessions:

- Friday, September 25 | 5-9 pm
- Saturday, September 26 | 9 am-6 pm
- Sunday, September 27 | 9 am-6 pm

***Must attend all classes in chosen session. A minimum of five participants must be registered for course to run.**

LIFEGUARD RECERTIFICATION COURSE

Ages 16+ | One day class certification
Member: \$131 | Community: \$158

Please note the online portion is about six hours. That needs to be complete before taking the in-person portion which is about 9 ½ hours.

Course Selection Dates

- **Sunday, November 22 | 8 am-6 pm**

Registration

Register at the Front Desk | Online at
GenevaLakesYMCA.org | Call 262.248.6211

***A minimum of five participants must be registered for course to run.**

Contact Information

Gertrude Suhajda, Aquatics Director
gertrude.suhajda@glymca.org
262.248.6211 x22



DUCKS SWIM TEAM

No Place Like *This Place*[™]



FOR YOUTH DEVELOPMENT®
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DUCKS COMPETITIVE SWIM TEAM



Our Geneva Lakes Family YMCA Ducks Swim Team is a top-ranked, year-round, USA Swimming & YMCA competitive Swim Club in Lake Geneva, WI. Our professional coaches provide expert technique instruction in a positive environment for beginning to national-level competitors from all over southeast Wisconsin & northern Illinois. Serves youth & adults.

Join the YMCA Ducks Swim Team Anytime!

Contact Michelle Upchurch

Director of Competitive Swimming

michelle.upchurch@glymca.org | 262.248.6211 x23

Fall Registration Starts August 24

Swimmer Eval Night: Tuesday, Sept 8, 5-6 pm

Season Runs: September 14 – March 19



Spotted Ducks

This group focuses on stroke fundamentals and mechanics. Swimmers must complete: 25 yards freestyle with rhythmic breathing, 25 yards backstroke without stopping, 25 yards flutter kick (front and back with a board), and a dive from the poolside. They should be able to endure a one-hour practice. A fun environment with an introduction to competition when ready.

Mallard Ducks

For late middle school and high school varsity swimmers training for elite competitions. Focus areas include race prep, goal setting, endurance, stroke technique, starts, turns, and race strategy. Swimmers must commit to daily 2-hour practices and frequent weekend meets.

Lake Ducks & Wood Ducks

For experienced competitors ready for advanced training. This group focuses on stroke mastery, endurance, goal-setting, and preparation for end-of-season competitions and the next training level.

Learn More:

GenevaLakesYMCA.org/ducks



FOR YOUTH DEVELOPMENT®
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PRIVATE SWIM TEAM COACHING



Our USA-certified swim team coaching staff leads these one-on-one sessions tailored to a swimmer's individual needs and goals. Whether it's improving stroke mechanics, enhancing starts and turns, or building endurance for competition, they have you covered! Great for competitive swimmers and triathletes!

Five – 45 minute sessions

Member: \$163 Community: \$326

**If you are interested in learning more or
scheduling sessions, contact:**

Director of Competitive Swimming, Michelle Upchurch
michelle.upchurch@glymca.org | 262.248.6211 x23



YOUTH SPORTS

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DRAGON KENPO KARATE

FOR YOUTH DEVELOPMENT®
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Dragon Kenpo Karate is a well-rounded self-defense martial art that can be tailored to the individual. This program will focus on the fundamentals of both mental and physical skill sets that will last a lifetime. Class is designed for kids, adults, and families; it is a great activity to do together. Information on ordering uniforms and belts (additional fee) will be passed out in class on the first night.

Fall Sessions

Fridays | 6-7 pm | Ages 7+

Dates & Fees

Fall I | 9/11-10/23 | \$63 Member | \$126 Community
Fall II | 10/30-12/18 | \$63 Member | \$126 Community

*No class 11/27

Staff & Certifications

Jeff Hansen | 4th Degree Blackbelt, Dragon Kenpo
and Yang Style Tai Chi

Katelyn James | Blackbelt, Dragon Kenpo

Questions

Contact Gene Johnson, Sports Operations Director
262.248.6211 x30 | gene.johnson@glymca.org

Register

In Person: Front Desk
Online: GenevaLakesYMCA.org
Call: 262.248.6211 | Mobile APP





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Blended Martial Arts Self Defense

This is a Martial Arts class that blends Karate, Kick Boxing, Filipino Martial Arts, Hardened Target Self Protection, and other self-defense based styles to create a well rounded and self-defense based program. Class will be run like a modern Martial Arts with rank requirements and testing based on knowledge and skills, where it will be different from traditional schools in that you will not be forced to attend multiple classes a week and there will be no competition requirements for advancement. Instead, we will meet once a week and students will be expected to practice what they learn during the week when it is most convenient for them. More important than advancement, our focus will be on self confidence, personal growth and of course, self-defense.

Self Defense (Ages 7+) Thursdays | 6:45–7:45 pm

Fall Sessions

Fall I | 9/10–10/22 | \$63 Member | \$126 Community

Fall II | 10/29–12/17 | \$63 Member | \$126 Community

*No class 11/26

Staff & Certifications

Ken Hansen | 3rd Degree Blackbelt, Dragon Kenpo and
Certified Hardened Target Instructor

Questions

Contact Gene Johnson, Sports Operations Director
262.248.6211 x30 | gene.johnson@glymca.org

Register

In Person: Front Desk

Online: GenevaLakesYMCA.org

Call: 262.248.6211 | Mobile APP





YMCA Fall Junior Golf Camp

Led by the Grand Geneva PGA Professional staff, this camp will combine fun, fundamentals, and confidence building. Students will work on their full swing, chipping, putting, and learn proper golf etiquette and rules in a supportive, age-appropriate environment. With a blend of on-course experiences, driving range instruction, and interactive games, kids build real skills while having a blast—and develop a foundation they can enjoy for a lifetime.

Ages 8-13 | Golf camp limited to 16 students only.



Dates & Time | Five Week Program

4-5:30 pm

Tuesdays, September 8-October 6

Meet at Grand Geneva Pro Shop

7036 Grand Geneva Way, Lake Geneva

What to Bring

- Water
- Snack or money for the snack bar
- Sunscreen
- Golf Clubs (if participant does not have any, Grand Geneva Resort Golf Club has some that can be used during class at no cost)

Cost

\$249 per golfer (please note there are no refunds or credits issued for missed classes)

Program Itinerary

September 8th

Introduction to staff and fellow classmates. This will be a class focused on the basics of golf etiquette and fundamental skills. Kids will learn the basics of putting and chipping while also having fun games associated with each skill.

September 15th

Kids will get their first chance to visit the driving range and learn about the full-swing. We will cover all the basics of set-up, swing positions and balance. Kids will learn from the demonstrations, but also get the chance to hit plenty of shots themselves.

September 22nd

On-Course Learning Experience...kids will learn the basics of playing the game of golf on the course. Teamwork and skill development will be the key themes of the week.

September 29th

Drive, Chip and Putt Championship. Kids will get to test their skills and showcase all they have learned in our fun filled challenge.

October 6th

Wee-Nip Learning Day! A great way to reward all the hard work and showcase the skills the kids have learned over the past few weeks.

Registration:

All participants must register with the Geneva Lakes Family YMCA.

Full payment (\$249) will be collected on the first day of camp at Grand Geneva Resort Golf Club. Cash, credit and checks are accepted. Checks can be made payable to Grand Geneva.

Register by:

Scanning Code

Calling YMCA

Visit: GenevaLakesYMCA.org/camps

Questions:

Gene Johnson | Sports Operations Director

262.248.6211 x 30

gene.johnson@glymca.org





FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY



CO-ED LITTLE DRIBBLERS YOUTH BASKETBALL

The Little Dribblers Youth Basketball program is designed for youth to learn the fundamentals of basketball in an environment that encourages fair play, teamwork, good sportsmanship and of course, fun! Drills and in house games will be played to provide the kids with a complete experience.



K-1st

Saturdays, November 7th – December 19*
9-10 am | Jaycees & Priebe Gyms

2nd-3rd

Saturdays, November 7th – December 19*
10:15 – 11:45 am | Jaycees & Priebe Gyms

There is no class on November 28 for both K-1st and 2nd – 3rd due to the holiday.

Cost:

Member: \$54 | Community: \$108

Questions?

Gene Johnson
Sports Operations Director
262.248.6211 x30
gene.johnson@glymca.org

Registration

GenevaLakesYMCA.org
In Person: Front Desk
Call: 262.248.6211
Mobile APP

Registration open until Friday, November 6th or until program is full.



2026 BUCKS ONE-DAY FALL CLINIC

Ready for the next level? Kids will build a strong foundation in dribbling, shooting, and passing on the move while maintaining control of the ball at a faster pace. Practicing on regulation height hoops will help kids build confidence and prepare them for real game situations.

SATURDAY, OCT. 31 | 10AM-12PM



GENEVA LAKES FAMILY YMCA
203 S WELLS ST, LAKE GENEVA

\$50

LEARN MORE AT [BUCKS.COM/CAMPS](https://bucks.com/camps)



FOR YOUTH DEVELOPMENT®
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CO-ED VOLLEYBALL

Beginner & Intermediate

Develop teamwork, skills and good sportsmanship, while enjoying some physical activity! These programs will work on developing fundamental skills including volleyball serves, setting, bumps, passing, rotation and the rules of the game.

Beginner Volleyball

Ages 9-13

Wednesdays | 5-6 pm

Intermediate Volleyball

Ages 10-14

Wednesdays | 6-7 pm

Dates & Fee Per Session

Fall I: 9/9-10/21 | Jaycees Gym

Fall II: 10/28-12/16 | Jaycees Gym

*No class Nov. 25

Member: \$63 | Community: \$126

Register

In Person: Front Desk

Online: GenevaLakesYMCA.org

Call: 262.248.6211 | Mobile APP

Questions

Contact Gene Johnson, Sports Operations Director

262.248.6211 x30 | gene.johnson@glymca.org

Registration Deadlines:
Fall I: Saturday, Sept. 5
Fall II: Saturday, Oct. 24



FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

ROCKWALL OPEN CLIMB

Challenge yourself and get fit on our climbing wall that features auto-belay systems and four runs that vary in difficulty.

Youth and Adults are welcome to explore this climbing adventure!

OPEN CLIMB TIMES

Tuesdays | 6–7 pm | Sept 15, 22, 29 | Oct 6, 13, 20

Saturdays | 12:30–1:30 pm | Sept 15– Oct 24

Jaycee's Gym | 40lb min

**Free for Members
Day Pass for Community**

**Book the Rock Wall
for your next
Birthday Party!**





FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

CLIMBING CLUB

This active class focuses on the fundamentals of climbing techniques. Participants learn climbing commands, rules, play bouldering games, and climb the wall at their own pace. No experience necessary!

Ages

8-12 (must weigh 40lbs or more)

Date & Time

Tuesdays | 5-6 pm

Sept 15, 22, 29

Oct 6, 13, 20

Fees

Members: \$54 | Community: \$108

Register

In person: Front Desk | Call: 262.248.6211

Online: GenevaLakesYMCA.org | Mobile App

Scan: QR Code

Questions

Gene Johnson, Sports Operations Director

262.248.6211 x30 | gene.johnson@glymca.org



Registration Deadline:
Tuesday, September 15
or until program is full



TRAVEL BASEBALL & SOFTBALL

The Countdown Is On!

**2027 Travel Baseball & Softball registration is
just around the corner! We are putting the finishing
touches on another exciting season.**

Watch our website and Facebook page for details.

GenevaLakesYMCA.org



**"There is No Place Like this Place"
to grow your love of the game.**



ADULT SPORTS

No Place Like *This Place*[™]



FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

TAI CHI

FOR ADULT BEGINNERS

An internal martial art practice for health benefits and meditation. Come flow with the Yang style form and enjoy stress relief, improved balance, mental awareness, relaxation, and improved breathing in this low impact program.

Ages

Adults | 18+ years

Fall Dates

Mondays | 6:15–7:15 pm

Fall I: September 14 – October 19

Fall II: October 26 – December 14

Pricing

Fall I: \$54 Member | \$108 Community

Fall II: \$72 Member | \$144 Community

Register

In person: Front Desk | Call: 262.248.6211

Online: GenevaLakesYMCA.org | Mobile APP

Questions

Contact Gene Johnson, Sports Operations Director

262.248.6211 x30 | gene.johnson@glymca.org



Instructor

Jeff Hansen, Yang style Tai Chi

ENJOY SOME HEALTH BENEFITS THROUGH THE ART OF TAI CHI



DRAGON KENPO KARATE

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Dragon Kenpo Karate is a well-rounded self-defense martial art that can be tailored to the individual. This program will focus on the fundamentals of both mental and physical skill sets that will last a lifetime. Class is designed for kids, adults, and families; it is a great activity to do together. Information on ordering uniforms and belts (additional fee) will be passed out in class on the first night.

Fall Sessions

Fridays | 6-7 pm | Ages 7+

Dates & Fees

Fall I | 9/11-10/23 | \$63 Member | \$126 Community
Fall II | 10/30-12/18 | \$63 Member | \$126 Community

*No class 11/27

Staff & Certifications

Jeff Hansen | 4th Degree Blackbelt, Dragon Kenpo
and Yang Style Tai Chi
Katelyn James | Blackbelt, Dragon Kenpo

Questions

Contact Gene Johnson, Sports Operations Director
262.248.6211 x30 | gene.johnson@glymca.org

Register

In Person: Front Desk
Online: GenevaLakesYMCA.org
Call: 262.248.6211 | Mobile APP





FOR YOUTH DEVELOPMENT®
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FOR SOCIAL RESPONSIBILITY

Blended Martial Arts Self Defense

This is a Martial Arts class that blends Karate, Kick Boxing, Filipino Martial Arts, Hardened Target Self Protection, and other self-defense based styles to create a well rounded and self-defense based program. Class will be run like a modern Martial Arts with rank requirements and testing based on knowledge and skills, where it will be different from traditional schools in that you will not be forced to attend multiple classes a week and there will be no competition requirements for advancement. Instead, we will meet once a week and students will be expected to practice what they learn during the week when it is most convenient for them. More important than advancement, our focus will be on self confidence, personal growth and of course, self-defense.

Self Defense (Ages 7+) Thursdays | 6:45–7:45 pm

Fall Sessions

Fall I | 9/10–10/22 | \$63 Member | \$126 Community

Fall II | 10/29–12/17 | \$63 Member | \$126 Community

*No class 11/26

Staff & Certifications

Ken Hansen | 3rd Degree Blackbelt, Dragon Kenpo and
Certified Hardened Target Instructor

Questions

Contact Gene Johnson, Sports Operations Director
262.248.6211 x30 | gene.johnson@glymca.org

Register

In Person: Front Desk

Online: GenevaLakesYMCA.org

Call: 262.248.6211 | Mobile APP





**FOR YOUTH DEVELOPMENT®
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FALL ADULT GOLF CLINIC

Grand Geneva Resort Golf Club, Lake Geneva, WI

This golf clinic will be led by the PGA Professionals at Grand Geneva Resort Golf Club and is designed to teach you how to enjoy the game of golf. Skills will cover such things as full swing, short game, rules and on-course work.

Ages 18+ | Golf camp limited to 16 students only.

Dates & Time | Six Week Program

5-6 pm | Wednesdays, August 26 - September 30

Meet at Grand Geneva Pro Shop | 7036 Grand Geneva Way, Lake Geneva

Cost

\$249 per golfer (please note there are no refunds or credits issued for missed classes)



Registration

All participants must register with the Geneva Lakes Family YMCA.

Full payment (\$249) will be collected on the first day of camp at Grand Geneva Resort Golf Club. Cash, credit and checks are accepted. Checks can be made payable to Grand Geneva.

Questions

Gene Johnson, Sports Operations Director | 262.248.6211 x30 | gene.johnson@glymca.org

Day of registration accepted at Grand Geneva, but advanced registration preferred for planning purposes. To register:

Scan Code:



Call YMCA: 262.248.6211

Visit: GenevaLakesYMCA.org/adultsports

Program Itinerary

August 26 - Welcome to Grand Geneva Golf. Group will get an introduction to staff and fellow classmates in this starting day that highlights the fundamentals of the golf game. Skills will focus on putting and chipping fundamentals.

September 2 - Students will be coached on all the swing fundamentals that create good golf swings and then get the chance to try their skills on the course.

September 9 - Bunker Play and Full-Swing Essentials.

September 16 - Highlands on course day with a coach. Class will get the chance to play multiple holes on the Highlands with their classmates and coaches. Groups will be divided out by ability in order to create the best learning environment.

September 23 - Drive, Chip and Putt Championship day. A great way to have fun and showcase all the skills the students have learned over the previous weeks.

September 30 - Wee-Nip Finale where the class will get the chance to play on our brand new golf course. Groups will be divided to maximize enjoyment for all the participants.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FALL 2026

PICKLEBALL LEAGUE

Fall Pickleball League is now forming! Round Robin "Sign Up With Partner" on Thursday nights. Doubles only, mixed teams or men/women options. Pick your own partner! **Each player must register individually.** Maximum is 12 doubles teams. We will play two round robin matches per night with league tournament at the end.

Ages

18+ | Advanced beginners & Intermediate players only

Dates & Time

Fall I: Thursdays | 9/10-10/22 | 5-8 pm

Fall II: Thursdays | 10/29-12/17 | 5-8 pm

No league play on Nov 26.

Priebe Gym

Fees

Member: \$37 per person

Community: \$49 per person

Register

In person: Front Desk | Call: 262.248.6211

Online: GenevaLakesYMCA.org | Mobile APP

When registering, you will be asked to include the first and last name of your partner

Questions

Gene Johnson | Sports Operations Director

262.248.6211 x 30

gene.johnson@glymca.org



HURRY, spots fill up quickly!

REGISTRATION DEADLINES

Fall I: Saturday, September 5

Fall II: Saturday, October 24



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PICKLEBALL HOURS

INDOOR | PRIEBE GYM

Monday–Thursday
11 am – 2 pm

Friday
11 am – 1 pm

Saturday
7 – 8:30 am

Beginners Only
Open Pickleball

Monday–Friday
10:30–11 am

No registration needed.
Just show up and play!

Members: Free | Community: Day Pass

Open to ages 18+

**SPIRITUAL
DEVELOPMENT**

No Place Like *This Place*TM

JOURNEY THROUGH THE PSALMS



The book of Psalms is a collection of heartfelt prayers, songs, and poems that capture the full range of the human experience—from joy and thanksgiving to grief, fear, doubt, and hope. Through this Bible study, we will journey through selected Psalms to discover how they reveal God's character, deepen our faith, and teach us to trust God in every season of life.

Together, we'll explore timeless truths about trusting God, finding peace in difficult circumstances, expressing honest emotions in prayer, and celebrating God's faithfulness. Whether you're new to the Bible or have studied the Psalms before, this study will encourage you to draw closer to God and experience the comfort, wisdom, and strength found in Scripture.

Time & Dates:

10:30–11:30am

September 16 & 30 | October 14 & 28

November 18 | December 2 & 16

Questions?

Pastor Cody Taylor, Spiritual Wellness Coordinator

cody@creekroadcc.org

GenevaLakesYMCA.org/spirit

Help us plan for your arrival!

Scan the QR Code

Stop by the Front Desk

Call 262.248.6211

Visit: GenevaLakesYMCA.org/spirit





JOB OPPORTUNITIES

No Place Like *This Place*TM



NOW HIRING

JOIN THE TEAM

FIND YOUR PURPOSE. BUILD YOUR COMMUNITY.

The YMCA is hiring passionate people who want to make a real impact—right here where it matters most.

Flexible schedules, meaningful work, and a team that feels like family.

Scan here or visit our job board to see all of our positions: GenevaLakesYMCA.org/jobs.





SPORTS OPEN POSITIONS

ROCKWALL ATTENDANT

- 1 Opening

TUMBLING INSTRUCTOR

- 1 Opening



We would love to have you join our team! Scan the QR code or visit GenevaLakesYMCA.org/jobs to learn more and apply.





AQUATICS

OPEN POSITIONS

SAFETY AROUND WATER INSTRUCTOR

- 1-2 Openings
- Midday Hours

LIFEGUARDS

SWIM INSTRUCTOR

We would love to have you join our team! Scan the QR code or visit GenevaLakesYMCA.org/jobs to learn more and apply.





CHILDCARE

OPEN POSITIONS

PLAYSCHOOL TEACHERS

- 2 openings (Lead & Assistant)
- Mon-Fri (13 afternoon hours weekly)

CHILD CARE AT Y BASE

- Star Center & Central Denison

We would love to have you join our team! Scan the QR code or visit GenevaLakesYMCA.org/jobs to learn more and apply.





MEMBERSHIP

No Place Like *This Place*[™]



A NEW SEASON A BETTER YOU. JOIN THE YMCA THIS FALL!



Al-Genera

New season. New opportunities. A healthier, happier you starts here.

Join Now and Enjoy:

- No Joiner Fees – Get started without the extra cost
- No Contracts – Flexible membership that fits your life
- Expanded Child Watch Hours – More time for you, more fun for them
- Les Mills Classes Expanded – Now featuring Shapes and more
- NEW Rec Room – Family games, activities, and space to connect
- NEWLY renovated Wellness Center completed in September



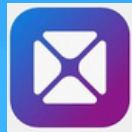
Plus So Much More:

- Group fitness classes for all levels
- Youth programs & fall activities
- Pickleball, rock wall, and open gym
- A welcoming community for all ages

Join today and make
this your healthiest,
happiest fall yet!



DOWNLOAD OUR NEW & IMPROVED APP

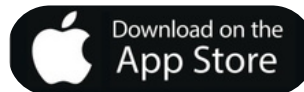


Enhance your Y experience by downloading the Geneva Lakes Family YMCA mobile app!



Get Started...It's as easy as 1,2,3!

1) Search "Daxko" in your App Store.



2) Download the blue/purple square edges Daxko icon:



3) Select open.

Then follow these steps:

Search by Zip Code: Enter 53147

Select: Geneva Lakes Family YMCA

If you are a member:

Select "Member Login" and follow the prompts.

If you are a guest:

Select "I am a Guest." As a guest you will have access to some of the features, but if you want to register for classes, group exercise or receive notifications you will need to call 262.248.6211 and set-up a non-member account over the phone with one of our Membership Associates.

IMPORTANT!

When setting up your phone a prompt will appear that asks if you want to be alerted of notifications. Select Allow/Yes!

Notifications

Always click on the notification title on the bottom of the APP for any important announcements. If you go into the back end of your phone and select "settings", "notifications" and turn notifications "on" for the Daxko APP they should automatically pop up on your cell phone when the Y sends them.

GenevaLakesYMCA.org/app

Easy Check In



Scan your barcode at the Welcome Desk straight from your phone.

Program Registration



Make signing up for programs easy in just a few taps.

Group Exercise Scheduling



A real-time view of available classes and sign-up instantly.

Stay Connected



Be the first to know about facility closures, class changes and Y updates.



UPDATED

ONLINE GROUP EXERCISE RESERVATION PLATFORM

GENEVA LAKES FAMILY YMCA | GenevaLakesYMCA.org



We have recently updated our Group Exercise reservation system and APP! Your login and password from the previous Group Ex Pro Reservations will no longer work. Whether you are registering through our website or on our NEW Daxko Mobile APP, you will use the email associated with your established member or non-member account with the Geneva Lakes Family YMCA. Here's THREE different ways to register:

1. Registering for a Group Ex class through our website

- 1) Go to GenevaLakesYMCA.org
- 2) Click on the "Register" button in the upper right hand corner of the screen.
- 3) Click on the "Group Ex" tab in the right hand corner to view the Group Exercise offerings. Choose your class and click "Reserve".
- 4) Type in the email linked to your Daxko account. If you are unsure what that may be, call the Y at 262.248.6211. You can also enter your phone number, but this is likely linked to everyone on the account, including any children, so the system will not be able to decipher who is trying to access your account and will prompt you to enter your barcode. Your barcode can be found on your membership key tag.
- 5) If you entered the correct email, type in your password, and follow the code instructions. Use the forgot password if necessary.

2. Registering for a Group Ex class under the "Schedules" tab on our website

- 1) Go to GenevaLakesYMCA.org
- 2) Hover on "Schedules" and click on Group Ex Reservations.
- 3) Choose your class and click "Reserve". Follow the same instructions above to access your Daxko account.

3. Registering for a Group Ex class through the NEW Daxko APP

- 1) Download the Daxko APP (blue/purple square edges) from the APP store on an Apple phone or the Play store on an Android. 
- 2) Type in 53147 when prompted to enter a zip code. Choose Geneva Lakes Family YMCA.
- 3) Log in as a Guest or a Member using the email associated with your established member or non-member account with the Geneva Lakes Family YMCA.
- 4) Click Schedule at the bottom of your screen.
- 5) Click the "Classes" tab near the top to view the Group Exercise class schedule and to make a reservation. Reservations can be made within 24 hours of the class.
- 6) Click "Book" to secure your reservation.



NOT in our system? Call 262.248.6211 and set up a non-member account over the phone with one of our Membership Associates. Additional information: GenevaLakesYMCA.org/grpx



MILITARY MEMBERSHIP PROGRAM



PERFECT FOR YOUR PHYSICAL, MENTAL & EMOTIONAL HEALTH

The Geneva Lakes Family YMCA is proud to offer a Military Membership program supported through a generous grant from The Jouris Family DAF.

This program offers a 50% savings off of monthly membership rates for military service members, veterans and family members living in the same household.

- Military personnel needs to be an active member on the membership account.
- Discount does not apply to "Add on Additional Adult" fee or added services.

Please call 262.248.6211 or stop by the YMCA Front Desk for more information.

Thank you for your service!



Y CORPORATE MEMBERSHIPS

GENEVA LAKES FAMILY YMCA

Why the Y for a Corporate Membership?

The YMCA is a leader in improving the quality of life and nurturing lifelong development of healthier individuals, families, and communities. When your company becomes a YMCA Corporate Partner, not only will your employees benefit, your company will benefit as well! It's a fact that healthy employees are more productive, have lower stress, and miss less work. Together, we provide your employees with a financial incentive to take care of their health. As an added bonus, your employee pays our Loyalty Rate!

There is NO MINIMUM number of employees required!

YOU INVEST

because you care for your team and their productivity improves.

WE INVEST

because it is our mission to strengthen our community.

YOUR EMPLOYEES

pay the reduced remaining portion of the monthly membership fee, so they, too feel invested in their health and community.

QUESTIONS

Contact: Stephanie Leach
Co-COO Business
steph.leach@glymca.org

MEMBERSHIP BENEFITS

The Y matches at 50%
up to \$10/month

- Onsite FREE Group Exercise Classes
- Complimentary FIT START with a Personal Trainer
- Aquatic Center | 6 lane, 25 Yard Pool & Warm Water Activity Pool
- Onsite Child Care while you work out
- Member Discounts and Priority Registration
- 24/7 Adult Wellness Center Access Option
- A positive & supportive environment to help you meet your wellness goals!



COMMUNITY EVENTS

No Place Like *This Place*[™]



Like This Place

COMMUNITY

ANNUAL GIVING CAMPAIGN & VOLUNTEER RECOGNITION DINNER

Monday, October 19 | 5-8 pm

Hawk's View Golf Club | 7377 Krueger Road | Lake Geneva

Your membership, generosity, and volunteer spirit have helped create a place where individuals and families belong, grow, and thrive. We invite you to join us for a complimentary dinner as we celebrate all we have accomplished together!

5 PM: Social Reception with Cash Bar | 5:15 PM: Buffet Dinner | 6 PM: Program

There Is No Place Like This Place. Thanks to You.

- ▶ A place where our community thrives.
- ▶ A place where everyone belongs.
- ▶ A place where lives are changed.
- ▶ And a place made possible by you.

Sponsored by:



The Swanson Family
John, Kathryn, Will & Mary



Coach's Locker

RSVP by Monday, Oct 5 | Scan the code or visit: GenevaLakesYMCA.org/agcdinner



Would you like to sponsor? Have a dinner question?

Email: ann.fulmer@glymca.org | Call: 262.248.6211 x27 | Stop by the Front Desk



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CELEBRATE YOUR DAY THE Y WAY!

BIRTHDAY PARTIES AT GENEVA LAKES FAMILY YMCA

Open Gym

Ages 6-12

Kids will have a choice in our own open gym as they play basketball, traditional dodgeball or EXTREME dodgeball, which involves large gym mats set up as walls for an added challenge. Kids will have a blast!

Gym (1-1 ½ hours) and Party Room (1 hour)

Members: \$131 | Community: \$178

LU Interactive Party

Ages 6-12

Get immersed in this interactive playground that transforms our gym space into an environment that projects FUN learning games on the wall, music throughout the gym and/or dancing to a variety of music genres. The birthday child can customize their own experience!

Gym (1-1 ½ hours) and Party Room (1 hour)

Members: \$131 | Community: \$178

Rock Climbing Party

Ages 8+

Add some adventure to your party and try out our Rock Wall! Our trained staff will assist and guide the children as they get harnessed in to climb up over 20 feet of rock wall. No additional guests allowed.

Gym (1 hour) and Party Room (1-1 ½ hours)

Members: \$258 | Community: \$325

Pool Party

Ages 2-12

The party will start out meeting in the Party Room to drop off all belongings and wait for all party participants. Staff will then lead the children to the lockers rooms and pool area. The children and adult supervisors will enjoy 1 to 1 1/2 hours of swimming in our activity pool! Our staff will provide pool toys and flotation devices as needed. Pool party can be scheduled after facility hours.

Pool (1-1/2 hours) and Party Room (1 hour)

Members: \$131 | Community: \$178



Pool Party Guidelines:

- If a child CAN swim, they are allowed to use both pools. A child that "can swim" is based on their ability to pass our YMCA Lap Pool swim test. This swim test consists of swimming 25 yards, treading water for 30-60 seconds in the deep end of the pool, and swimming back 25 yards without stopping or using the wall for assistance.
- If a child CANNOT swim, then a parent or guardian (18+), must stay within arm's reach at all times in the Activity Pool only. 1:3 adult/child ratio for non-swimming children. Parental supervision is mandatory in pool and locker rooms.
- Following all pool policies including no shoes on deck, no plastic flotation devices, hair longer than shoulder length needs to be put up into a ponytail or swim cap.
- Children under 16 are not allowed in the Men's or Women's bathrooms at anytime. Parents bring children through the Boys and Girls Bathrooms corresponding with the parents gender.
- Depending on party time, there may be other swimmers present.
- Pool party timeslots begin after 11:30 am on weekends.

All parties are personalized and include:

- A private party room
- Birthday party attendant to help you with your party, run games in gym or pool, record gifts, etc.
- Goodie bags for each child

Waivers:

All party attendees must complete a YMCA waiver in order to participate. If you are bringing a child from another family, please be sure to have a parent sign the waiver prior to attending.

Party reservation requests can be made in person or on our website at www.GenevaLakesymca.org/birthdays

Timeslots for parties vary depending on the type of party. Parties include 13 children + the birthday child. Some parties (not all) can take 2 more guests at an additional \$10 per child. We recommend you make a reservation 2-4 weeks in advance to allow us enough time to coordinate staff for your party.

Our Party Coordinator will contact you to confirm the date and discuss all of the details to ensure your party is a success!

GENEVA LAKES FAMILY YMCA • 203 S. Wells Street • Lake Geneva, WI 53147 • GenevaLakesYMCA.org • 262.248.6211



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ROCKWALL OPEN CLIMB

Challenge yourself and get fit on our climbing wall that features auto-belay systems and four runs that vary in difficulty.

Youth and Adults are welcome to explore this climbing adventure!

OPEN CLIMB TIMES

Tuesdays | 6–7 pm | Sept 15, 22, 29 | Oct 6, 13, 20

Saturdays | 12:30–1:30 pm | Sept 15– Oct 24

Jaycee's Gym | 40lb min

**Free for Members
Day Pass for Community**

**Book the Rock Wall
for your next
Birthday Party!**





FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TIMBER RIDGE WATERPARK

20
SEPT.

18
OCT.

22
NOV.

13
DEC.

12 pm – 8 pm

\$15/Swimmer* • Cash Only • \$5/Spectator

*(12 months of age and older)

Reservations for this activity, must be made and paid for at the YMCA. A limited number of spots are available. Reservations end the Wednesday before the scheduled event at 8 pm unless it sells out before that time. Offer is open to both members and the community. Please note that tickets are only available for the most current date listed. No refunds.

